

Our Lady of the Sacred Heart College KENSINGTON

## PROSPECTUS

A community of the heart, living and learning together

De are pear people who...









Nelcome to

## OUR LADY OF THE SACRED HEART COLLEGE

As Principal of Our Lady of the Sacred Heart College, my vision is to ignite within each and every young woman a passion to be future leaders, innovators, lifelong learners, responsible global citizens and above all else, to be resilient women who touch the heart of others.

Since 1913, OLSH has embraced a culture of educational excellence - developing young women of the heart, who are empowered to use their creativity and imagination in an environment that cultivates their ability to love and lead with love, so they can be the future leaders and change makers in our world.

## HOLISTIC DEVELOPMENT

Centered on holistic development, we know our young women are growing up as human beings. Our community is one that develops in all students their faith, character, wellness and competencies. Our young women develop an understanding of self and service, as they are empowered to manage who they are and what is expected of them, in a safe and caring space. In an empathetic, faith-filled environment, students engage in authentic, active learning opportunities that are interconnected with their social and emotional development.

OLSH offers a rich and diverse co-curricula program that caters for all students' interests and pursuits. Whether you are a competitive athlete, gifted musician, debater or public speaker, there is something for every girl to nourish their all-round development.

We are a community that fosters a culture of continuous improvement as our staff and students are engaged and constantly seeking to learn and grow. As we move through this next decade, the College is committed to the pursuit of excellence, to ignite our young women to be aspirational, truth seekers, curious, collaborative and compassionate.

We warmly welcome you to visit our College and experience for yourself the heart of this wonderful community.

VIVIENNE AWAD College Principal | 2023

# Our VISION

Our Lady of the Sacred Heart College, Kensington was founded by the Daughters of Our Lady of the Sacred Heart in 1913, in the tradition of Fr Jules Chevalier, msc.

As a Catholic community of the heart, we strive to give expression to God's unconditional love for each person, through our compassionate response to others. As an educational community we strive to engender a passion for lifelong learning.

The College motto is "Regnet Christus", usually translated as "May the Sacred Heart of Jesus be everywhere loved".

## A COMMUNITY OF THE HEART LIVING AND LEARNING TOGETHER

The OLSH College community is challenged to be the compassionate heart of Christ to all those we meet. The College fosters an understanding of faith that will enable young women to embrace life's journey with wisdom, hope and compassion. Our vision is to develop students who are confident, independent learners with a commitment to service in the wider community. This is poignantly evident in our participation with community initiatives such as the Catechist Program where Year 10 students are trained in delivering religious instruction to primary school students at Kensington Public School. Additionally, opportunity is given to senior students to learn from our First Nations people during the Bathurst Island Immersion so that they may take the lead in being a positive voice for justice and reconciliation in our world. These programs animate students to become enthusiastic and dedicated drivers of social justice enterprises on both a small scale, with school bake sales and sporting challenges, and on a larger scale, reaching out to the global community through fundraising for Caritas Australia and the DOLSH Missions.

The College embraces Prayer, Liturgy, the presence of religious symbols, and practical pastoral endeavours both within and reaching beyond the College. Students, alongside staff, lead the College Community in whole school celebrations, embracing various ministries such as proclaiming the Word, music and acting as Extraordinary Ministers of Holy Communion. Each year, students attend Reflection Days, and, in their Senior Year, an overnight Retreat as a means of understanding, more deeply, their relationship with God in the context of their lives. These experiences are important milestones in their spiritual journey as students are able to ponder, as Mary did, what God is asking of them and helping to connect them more profoundly to his unconditional love. This is a significant means of highlighting the relevance of our faith to life and contemporary culture.



## College HISTORY

The story of OLSH College begins earlier than its foundation in 1913. The Daughters of Our Lady of the Sacred Heart was formed in Issoudun, France in 1874.

Their founder, Fr Jules Chevalier MSC, believed that education of girls was the means to convey the message of Jesus' love to young people and inspire them to make a significant contribution to society.

In 1884, Mother Superior Marie Louise Hartzer, First Superior General of the Congregation of the Daughters of Our Lady of the Sacred Heart, was instrumental in sending five Sisters to the Oceanic Missions.

When the first section of the new convent was completed in 1897, a small combined Primary and Secondary College was conducted in the convent premises. The College was co-educational. A continual growth in the number of students led to the construction of a new College building erected in 1913 where the Brendan Wing now stands. Records indicate that 1927 was the last year for the enrolment of boys at the College. The primary section was discontinued at the end of 1953. From then on the primary aged students attended Our Lady of the Rosary Parish Primary School. The College joined the emerging Archdiocesan system in 1966 and the first lay Principal joined the College in 1995 following the departure of the last religious College Principal, Sister Mary Fyfe.

The College celebrated its Centenary in 2013. The most recent section of the College, the Hartzer Centre, was officially opened in 2014, named after Mother Marie Louise Hartzer.

"Jesus Christ

is the way we have to follow, the truth we have to believe, the life that animates us here and now and which we hope will be ours throughout the eternity"

Fr Jules Chevalier MSC





Our Lady of the Sacred Heart College prides itself on the role our staff and community play in the shaping of our young women.

We are developing self-confident young women of the heart, who are empowered by grit and resilience, so they are able to fulfil their potential and lead meaningful lives beyond our College walls. Every student is cared for with dignity and compassion in an environment that fosters genuine dialogue, empathy and respect. Our Wellbeing and Pastoral Care Programs are underpinned by the Berry Street Educational Model, a positive psychology framework which increases belonging, engagement and academic success. The Pastoral Care Program is run within Year levels, with classes meeting each morning in homeroom, enabling the interaction and participation of student and teachers. Each cohort also meets as a whole form regularly in Pastoral Care lessons to connect as a community and share experiences. Here, students focus on initiatives such as building resilience, capacity building and the role-modelling of positive behaviours.

### **REFLECTION** DAYS

Reflection days are held throughout the year for Years 7 to 10 and compliment the program of development and personal growth. At the beginning of Year 12, students attend a Retreat to enhance their spiritual wellbeing.

### **STUDENT** LEADERSHIP

The Student Leadership Program offers an array of opportunities for students who aspire to lead and create a sense of belonging in the community. For students in Years 7 to 12, each homeroom class elects a class member to represent them on the Student Representative Council.

Year 10 Students are given the opportunity for further responsibility through the position of Peer Support Leader. The Peer Support program helps to foster a warm, caring and happy environment for junior and senior students and teachers. The students learn to develop their own individuality as well as reach out in friendship to those around them. The Year 10 Peer Support Leaders work through a range of activities and games with the new Year 7 cohort sharing in the charism of being people of the heart.

Year 11 students have the opportunity to demonstrate their leadership skills through House Captain and Vice Captain positions. Finally, the Year 12 Senior Leadership Team connects with all students throughout the year, take part in training sessions, participate in meetings and plan sessions to lead positive change.

Academic CURRICULUM

Our Lady of the Sacred Heart College recognises the unique nature of every student and personalisation underpins our learning framework.

The multi-faceted curriculum offerings combined with individualised programs in gifted education, literacy and numeracy development and extensive Stage 6 subject offerings, ensure all our students' needs and interests are nourished.

Acceleration is a key aspect of our curriculum and students performing above stage level are encouraged to enter the College's acceleration program. We also partner with Primary schools to offer acceleration in mathematics to students working beyond Stage 3 outcomes.

The OLSH staff continually engage in rigourous collaborative professional learning to ensure all teaching and learning strategies are based on research and best practice in girls' education.

OLSH College strives to cultivate a growth mindset culture, where learners are empowered and learning is personalised. Our students have agency over their learning and are encourged to seek mastery, believing in themselves and their abilities.



### **CO-CURRICULAR** ACTIVITIES

## At OLSH we encourage students to participate in co-curricular activities, such as:

- Art and Photographic Competitions
- Immersions
- **Catechist Programs**
- Choir and Vocal Groups
- **Community Service**
- Competitive and Non-competitive Sport
- Dance Competitions
- **Debating and Public Speaking Competitions**
- Drama Theatresports
- Duke of Edinburgh
- **Environment Committee**
- **FUSE** eSports Competitions
- The Australian Mathematics Competition
- **Premiers Reading Challenge**

## Sporting participation and excellence is encouraged through the involvement in the Sydney Catholic Schools Representative Sports program. These sports include:

- Athletics
- Basketball
- Cross Country
  - **Gymnastics**
- ΔFI
- Touch Football
- Soccer
- Golf
- Netball
- Swimming
- Tennis
- Waterpolo





## learning INTEGRATION & INNOVATION

## **LEARNING** INTEGRATION

Within the domain of Learning Integration we aim to ensure our students learn authentically, through a visible learning, inquiry based approach.

We operate with a learning ecosystem, subjects are no longer taught in silos but are integrated and mapped across the Key Learning Areas. In doing so, we offer our students a variety of learning pathways, all designed to prepare students for life beyond school.

Pathways such as Creative Industries, Life Science and Enterprise and Global Citizenship will support our students' engagement and happiness as they work together towards a clear purpose, whilst developing their core skills in literacy and numeracy that are so vitally important for success. Our young women succeed when they are aware of their strengths and weaknesses and have the strategies that will enable them as a learner, to coordinate their cognitive resources, emotions and actions in the service of their learning goals. OLSH develops students' skills in metacognition, learning how to learn, and self-regulation as close consideration is given to the Six Global Competencies of Deep Learning and the Five Domains of the Berry Street Wellbeing Model within each integrated course.

## LEARNING INNOVATION

At OLSH we are committed to taking an evidencebased approach to all that we do, and understanding the latest innovations across a number of fields. how they are interrelated and how they will work in the academic systems and operations of the



College. Our learning focus is mastery-based and stage-based - as opposed to year-based learning.

We are microcredentialing our courses so students gain additional skills based qualifications alongside their HSC certificate. We are an entrepreneurial college, with significant partnerships and pathways that develop students core enterprise skills - problem solving, critical thinking, creativity, financial and digital literacy, communication and teamwork.

Through focusing our pedagogy on the development of the Six Global Competences, we are developing students who have the skill set to be resilient, active and informed global citizens, and who can follow a path of curiosity beyond our walls

Entrepreneurship AND INNOVATION

OLSH provides a learning environment that supports the entrepreneurial mindset, where all students are encouraged to make the most of the opportunities and learn from a variety of settings.

The entrepreneurial mindset is a set of skills that allows students to identify, overcome, and learn from both challenges and successes. These skills are critical in succeeding post school, and within a growing number of profound disruptions across the world, an OLSH graduate does not just need to be employable, they need to be adaptable, flexible and confident.

The entrepreneurial mindset is developed through the pedagogical lens of the six global competencies - Character, Citizenship, Collaboration, Communication, Creativity and Critical Thinking. Growth through each individual competency additionally develops a further set of soft skill attributes that are required for the successful endeavours of our graduates. The College provides a range of pathways and partnerships for students to enhance these skills and be continually challenged to improve. The entrepreneurial pathway, co constructed with external partnerships commences in Stage 4 through a combination of integrated STEM opportunities, and an innovative Enterprise subject only offered at OLSH. Such a pathway promotes students to think differently, problem solve and challenge themselves. An integrated curriculum pathway focused on entrepreneurial outcomes continues beyond Stage 5, further deepening students' connection to external partnerships and post school opportunities.

Furthermore, the College offers a Gifted and Talented Program which seeks to provide an enriched curriculum that embraces current educational research. This enriched curriculum includes the provision of differentiated learning experiences, where teachers personalise learning to meet the needs of the individual. It is the view of the College that all students, including those who are gifted, should be given opportunities to be stretched to reach their full academic and creative potential.

To provide clarity around the successful nature of such pathways, student performance is tracked and regularly monitored through: summative and formative class tests in all subjects, enterprise student progressions, Allwell testing in Years 7, 8 and 10, student semester reports, NAPLAN in Year 7 and 9, PAT testing in Years 7 to 10 and the Newman Stream reporting in Year 7 to 10.

Our Lady of the Sacred Heart College is a comprehensive school, catering to students of varying levels of ability in different areas. With such a diverse range of pathways on offer, the College promotes student agency and learner choice, subsequently developing a broader base of skills, values and knowledge for the OLSH graduate to become a successful lifelong learner.







OLSH is providing our young women with beautiful learning spaces conducive to ensuring the realisation of our learning vision for the future

In order to support the young women of OLSH and maximise their engagement in their learning, it is vital that our learning spaces allow for them to work and learn in innovative ways that help prepare them for the world beyond the college gates. Our new learning spaces throughout the college have been designed with this idea at the forefront. The remodelling of A Block to house our Sacre Coeur Collaboration Hub and Wingara to house our new library, has been done to harness the power of a truly open, flexible and collaborative learning space.

Centred around a symbolic heart-shaped space the Collaboration Hub is surrounded by breakout spaces for classes and students to work and learn in an environment that can adapt to suit their learning needs.

As with other spaces around the college, our college values are etched into both spaces as a constant reminder to students of what we hold at the core of our approach to life and learning. These spaces also make use of the aspirational views they can find through the windows surrounding them, with uninterrupted views towards Sydney CBD and the University of New South Wales. When the young women of OLSH leave the College it is our goal that they have developed into someone who is a well-rounded person and able to be an active citizen of the world. To do this at the college we must reflect a post school world, be aspirational and allow teachers to build a variety of skills in students. The re-imagining of our spaces with the introduction of our Sacre Couer Collaboration Hub, St Joseph's Centre and the brand new Wingara Learning Centre facilitates this vision. All spaces follow the well researched design principles that have been applied to a range of new learning spaces throughout the College.

The intentional design has brought to life for the first time our key educational pillars and values. Etched into the heart of each space, these pillars and values are a constant touch point for our students in their development, reinforcing our heart community and what we strive to uphold as we live our lives.

Throughout 2023, the St Joseph's Centre will be occupied by the Kindergarten students of St Joseph's Rosebery. It will be returned to OLSH in 2024.



36 Addison Street, Kensington, NSW 2033 Phone: 02 9662 4088 Email: info@olshkensington.catholic.edu.au www.olshkensington.com.au